



WEEKEND GROUP

Developing Skills With Fun and Engaging Activities!

SKILLS: Emotion Regulation, Social Skills, Impulse Control, Positive Attachments, Communication Skills, Healthy Coping Strategies, and more!

ACTIVITIES: Role-Play, Art, Mindfulness and Meditation, Music/Dance, Problem-Solving Games, Physical Movement, Narrative and Storytelling and more!

When:

12:30 - 3:00pm
Saturdays
April 13th to May 18th

Who:

Ages 7-10

Where:

437 Windchime Place Colorado
Springs, CO 80919



Register Now!

Medicaid Accepted



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833-444-8726 ext. 738

